

The season of Lent is often seen as a time to give up a vice or indulgence or to take on a spiritual discipline such as fasting or meditation. But what if we looked beyond personal disciplines this Lenten season and chose instead to serve others in our community?

Join us February 22 – April 9 for our **3rd Annual 40 Things in 40 Days: Food Drive.**

We will be helping Meals On Wheels Atlanta restock their food pantry. Meals On Wheels' pantry program serves as a critical stop-gap for emergency situations. Pantry supplies also provide for seniors who want to continue cooking and preparing foods in the home. Pantry deliveries contain a month-long supply of dry goods.

Each day of Lent, as you collect items listed into the box / basket in your home, think of the ways you are loving your neighbor. Even when we can't be together, we can still care for our siblings in Christ. On Easter (April 9) celebrate our risen Lord by reflecting on what you have collected. It is not just a box of food – it is a message of hope and love that is delivered to seniors in need.

Bring to the church office the days after Easter (April 9-18) and we will deliver Trinity's food donations to Meals On Wheels. Let us come together and fill the shelves of the Meals on Wheels Food Pantry! *(If you would like to participate but cannot deliver to the church, please let Lucy Strong know and we will arrange to pick up your items from you.)*

1: GETTING STARTED

Find a medium to large sized container or box in your home and put in a place where you can access it throughout Lent. Print a copy of this calendar and tape to your box or fridge so you can refer back.

2: FILLING YOUR CRATE

Each day during Lent add your donations to your container. Remember to check expiration dates on items before donating.

3: DONATING

After Easter, drop off donations at church. Check the weekly newsletter for drop off information as it becomes available.

February 22 – 5 oz can tuna

February 23 – 15 oz can cut green beans

February 24 – 15 oz can black beans

February 25 – 3.75 oz can of sardines

Sunday February 26 - Bonus Item – Shelf Stable Milk

February 27 - 15 oz can peaches in juice

February 28 – 5 oz can chicken

March 1 – 14.5 oz can pears in juice

March 2 – 15 oz can cut green beans

March 3 – 15 oz jar peanut butter

March 4 – 19 oz can soup

Sunday March 5- Bonus Item – 42 oz Old Fashioned Oats

March 6 – 32 oz bag of rice

March 7 – 5 oz can tuna

March 8 – 15 oz can green peas

March 9 – 10.5 oz can mandarin oranges

March 10 – 5 oz can chicken

March 11 – 64 oz Apple Juice

Sunday March 12 – Bonus Item – Box of Cheerios

March 13 – 15 oz can black beans

March 14 – 15 oz jar peanut butter

March 15 – 3.75 oz can sardines

March 16 – 15 oz can green peas

March 17 - 15 oz can peaches in juice

March 18 – 15 oz can cut green beans

Sunday March 19 – 42 oz Old Fashioned Oats

March 20 - 32 oz bag of rice

March 21– 5 oz can tuna

March 22 – 10.5 oz can mandarin oranges

March 23 – 19 oz can soup

March 24 – 5 oz can chicken

March 25 – 14.5 oz can pears in juice

Sunday March 26 - Bonus Item – Shelf Stable Milk

March 27– 5 oz can tuna

March 28 – 15 oz can black beans

March 29 – 15 oz can cut green beans

March 30 – 3.75 oz can sardines

March 31 – 15 oz jar peanut butter

April 1 – 10.5 oz can mandarin oranges

Psalm Sunday April 2 –Box of Frosted Mini Wheats

April 3 – 15 oz jar peanut butter

April 4 – 5 oz can chicken

April 5 – 19 oz can soup

April 6 – 64 oz Apple Juice

April 7 – 32 oz bag of rice

April 8 – 14.5 oz can pears in juice

Easter Sunday April 9

40 Things in 40 Days: MOWA Food Drive

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			February 22 5 oz can tuna ASH WEDNESDAY	February 23 15 oz cut green beans	February 24 15 oz black beans	February 25 3.75 can sardines
February 26 Bonus Item: Shelf Stable Milk	February 27 15 oz can peaches in juice	February 28 5 oz can chicken	March 1 14.5 oz pears in juice	March 2 15 oz cut green beans	March 3 15 oz jar peanut butter	March 4 19 oz can of soup
March 5 Bonus Item: 42 oz Old Fashioned Oats	March 6 32 oz bag of rice	March 7 5 oz can tuna	March 8 15 oz can green peas	March 9 10.5 oz can mandarin oranges	March 10 5 oz can tuna	March 11 64 oz apple juice
March 12 Bonus Item: Box of Cheerios	March 13 15 oz black beans	March 14 15 oz jar peanut butter	March 15 3.75 can sardines	March 16 15 oz can green peas	March 17 15 oz can peaches in juice	March 18 15 oz cut green
March 19 Bonus Item: 42 oz Old Fashioned Oats	March 20 32 oz bag of rice	March 21 5 oz can tuna	March 22 10.5 oz can mandarin	March 23 19 oz can of soup	March 24 5 oz can chicken	March 25 14.5 oz pears in juice
March 26 Bonus Item: Shelf Stable Milk	March 27 5 oz can tuna	March 28 15 oz black beans	March 29 15 oz cut green beans	March 30 3.75 can sardines	March 31 15 oz jar peanut butter	April 1 10.5 oz Can mandarin oranges
April 2 Bonus Item: Box of Frosted Mini Wheats <hr/> PSALM SUNDAY	April 3 15 oz jar peanut butter	April 4 5 oz can chicken	April 5 19 oz can of soup	April 6 64 oz apple juice MAUNDY THURSDAY	April 7 32 oz bag of rice GOOD FRIDAY	April 8 14.5 oz pears in juice
April 9 EASTER						

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